

GFL- Newport Recreation Center (2024-2025 Regular Season Ice Schedule)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:45am-8:00am							
8:00am-9:00am							Install Boards
9:00am-10:00am						9:00 to 10:00 U11C-Girls	8:30-9:30 U9 Dev
10:00am-11:00am						10:10-11:10 U13C	9:30-10:30 U9 Int
11:00am-12:00pm						11:20-12:45 U15C	Flood
12:00pm-1:00pm							10:40-11:40 U9 Adv
1:00pm-2:00pm						12:45- 2:10 U18C	Boards Remove, Flood
2:00pm-3:00pm						2:20-3:45 U15A	12:00-1:25 U15AA
3:00pm-4:00pm							1:25- 2:50 U11A
4:00pm-5:00pm						3:45-5:10 U18A	
5:00pm-6:00pm							
6:00pm-7:00pm	6:00- 6:50 U7	6:00- 6:50 U9 Int / U9 Adv		6:00-6:50 U11A			
7:00pm-8:00pm	7:00- 7:50 WHMHA Rec Program	7:00-7:50 Buy Hour U15A/U18A		7:00 - 7:50 U13A			
8:00pm-9:00pm	8:00-8:50 Buy Hour U11A/U15AA	8:00-8:50 U18C		8:00- 8:50 U18A			
9:00pm-10:00pm							

West Hants Sports Complex (2024-2025 Regular Season Ice Schedule)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am-9:00am						8:30-9:30 U7	
9:00am-10:00am						9:40- 10:40 U11C	
10:00am-11:00am						10:50- 12:15 U13AA	
11:00am-12:00pm						12:15-1:40 U13A	
12:00pm-1:00pm							
1:00pm-2:00pm							
2:00pm-3:00pm							
3:00pm-4:00pm							
4:00pm-5:00pm							
5:00pm-6:00pm					5:00- 5:50 Rotating Ice		
6:00pm-7:00pm		6:10- 7:00 U9 Dev U11C-Girls	6:00- 6:50 Player/Goalie Development	6:10-7:00 U13AA			
7:00pm-8:00pm		7:10- 8:00 U11C U13C	7:00- 7:50 Player/Goalie Development	7:10- 8:00 U15A			
8:00pm-9:00pm	8:00 to 8:50 Buy Hour U13AA/U13A	8:10- 9:00 U15C		8:10- 9:00 U15AA			
9:00pm-10:00pm		9:10 to 10:00 U23		9:10- 10:40 U23			
10:00pm-11:00pm							